

PERINATAL LOSS RESOURCE LIST

Local Grief Support Groups (Not Faith Based)

- ◆ Pockets of Light– Montclair, NJ (973) 619-4277 www.pocketsoflight.org
- ◆ St. Joseph's Regional Medical Center– Paterson, NJ (973) 754-3828
- ◆ Valley Health System–Healing Hearts Support Group- Ridgewood, NJ (201) 291-6249
- ◆ Overlook Medical Center– Summit, NJ (908) 522-2946
- ◆ St. Barnabas Perinatal Loss Group– Livingston, NJ (973) 322-5745
- ◆ Pregnancy & Newborn Loss Support Group-UMC Hackensack, NJ (201) 996-5131
- ◆ Perinatal Bereavement Support Group-Englewood Hospital (201) 608-2333
- ◆ The Hudson Shea Foundation– Mahwah & Whippany, NJ (201) 803-1203 (Men)
- ◆ Holy Name Medical Center, Teaneck, NJ (201) 833-3058
- ◆ Compassionate Friends (Bergen/Passaic) (201) 567-0089
- ◆ Star Legacy Peer Phone Companions - Christine Chang (952) 715-7731

Catholic & Christian Online Resources

- ◆ All Embrace www.allembrace.com
- ◆ Catholic Miscarriage Support www.catholicmiscarriagesupport.com
- ◆ Elizabeth Ministry www.elizabethministry.com
- ◆ The Apostolate of Hannah's Tears www.hannahstears.net
- ◆ Sufficient Grace Ministries www.sufficientgraceministries.org
- ◆ Babies Remembered www.wintergreenpress.org

Other Resources

- ◆ Walk in Sunshine Charity (NJ Resources) www.walkinsunshinecharity.org
- ◆ Star Legacy Foundation www.starlegacyfoundation.org
- ◆ Share Pregnancy & Infant Loss www.nationalshare.org
- ◆ Hope After Loss www.hopeafterloss.org
- ◆ Partnership for Maternal & Child Health www.partnershipmch.org

Blogs/Online Groups

- ◆ Lost Innocent <https://lostinnocentsblog.wordpress.com/>
- ◆ Mommy To A Little Saint-Catholic Loss Group Facebook Group

Books

- ◆ *Of Womb and Tomb: Prayer in Time of Infertility, Miscarriage, and Stillbirth* edited by Kate Williams
- ◆ *Sufficient Grace* by Kelly Gerken
- ◆ *I Never Held You: Miscarriage, Grief, Healing and Recovery* by Ellen M. DuBois
- ◆ *Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death* by Sherokee Ilse
- ◆ *A Silent Sorrow: Pregnancy Loss - Guidance and Support for You and Your Family* by Ingrid Kohn
- ◆ *Mourning a Miscarriage– Prayers for a Couple Grieving the Death of Their Unborn Child* by The Elizabeth Ministry
- ◆ *The Original" Mothers Manual* by S.J. A. Francis Coomes

