

PERINATAL LOSS RESOURCE LIST

Local Grief Support Groups (Not Faith Based)

- ◆ Pockets of Light– Montclair, NJ (973) 619-4277
- ◆ St. Joseph's Regional Medical Center– Paterson, NJ (973) 754-3828
- ◆ Healing Hearts, Men's Support Group & Pregnancy After A Loss at Valley Hospital– Ridgewood, NJ (201) 447-8539
- ◆ Overlook Medical Center– Summit, NJ (908) 522-2946
- ◆ St. Barnabas Perinatal Loss Group– Livingston, NJ (973) 322-5745
- ◆ Pregnancy & Newborn Loss Support Group-UMC Hackensack, NJ (201) 996-5131
- ◆ Perinatal Bereavement Support Group-Englewood Hospital (201) 608-2333
- ◆ The Hudson Shea Foundation-Ridgewood, NJ (845) 553-5088 (Men)
- ◆ Holy Name Medical Center, Teaneck, NJ (201)833-3058
- ◆ Compassionate Friends (Bergen/Passaic) 201-567-0089

Catholic & Christian Online Resources

- ◆ All Embrace www.allembrace.com
- ◆ Catholic Miscarriage Support www.catholicmiscarriagesupport.com
- ◆ Elizabeth Ministry www.elizabethministry.com
- ◆ The Apostolate of Hannah's Tears www.hannahstears.net
- ◆ Sufficient Grace Ministries www.sufficientgraceministries.org
- ◆ Babies Remembered www.wintergreenpress.org

Other Resources

- ◆ Pockets of Light www.PocketsofLight.org
- ◆ Share Pregnancy & Infant Loss www.nationalshare.org
- ◆ Hope After Loss www.hopeafterloss.org
- ◆ Partnership for Maternal & Child Health www.partnershipmch.org

Blogs/Online Groups

- ◆ Lost Innocent <https://lostinnocentsblog.wordpress.com/>
- ◆ Mommy To A Little Saint [Facebook Group](#)

Books

- ◆ [Sufficient Grace](#) by Kelly Gerken
- ◆ [I Never Held You: Miscarriage, Grief, Healing and Recovery](#) by Ellen M. DuBois
- ◆ [Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death](#) by Sherokee Ilse
- ◆ [A Silent Sorrow: Pregnancy Loss - Guidance and Support for You and Your Family](#) by Ingrid Kohn

Prayer Books

- ◆ [Mourning a Miscarriage](#)– Prayers for a Couple Grieving the Death of Their Unborn Child by The Elizabeth Ministry
- ◆ [The Original" Mothers Manual](#) by S.J. A. Francis Coomes

ARCHDIOCESE OF NEWARK
RESPECT & FAMILY LIFE MINISTRIES
973-497-4350 AND 973-497-4327

