## The Reflection from Pastor Fr. John Carlos, Holy Cross Church, Harrison, NJ, May 15, 2022

## MOVING BEYOND DOUBT

Those first disciples came to believe and understand the resurrection when they saw the Risen Lord. When they spoke with him, ate with him, interacted with him, they had proof of the resurrection. So then, why do we believe in the resurrection? Why aren't we doubters like so many people in our world?

We might answer that we believe because we too have been given proof. Not the kind of proof given the first disciples who came to believe when they saw the Risen Lord, but the kind of proof that was given Saint Paul. It was his encounter with the Risen Lord on the road to Damascus that brought him to faith.

We too have such encounters with the Risen Lord. We hear his voice as we read his word in the scriptures and hear it proclaimed by the Church. We touch the Risen Lord in our brothers and sisters who make up the Church, the living Body of Christ. We experience the presence of the Lord in the sacraments as we journey through life. The Risen Lord is with us, he is not bound to any time or place.

We believe not just because we are people of faith, we believe because the Lord gives us proof of his resurrection.

It is that proof that moves us from being a Doubting Thomas to a Believing Disciple!

May the Risen Lord bless us with his presence and peace during this Easter Season,

Father John Carlos

## 复活期第五主日 (5/15/2022)

今天是复活期第五主日,在读经一中,保禄和巴尔纳伯在各处传扬福音,天主透过门徒们,为外邦人打开信仰的大门。求主帮助我们每一位基督徒,尤其是新领洗的弟兄姐妹,能够恒心祈祷,读经,与团体一起感恩,努力发挥传福音的心火,也给身边的人,打开信仰的大门。复活的主耶稣带给我们复活的信仰。在今日的福音中,主基督给门徒彼此相爱的命令,让我们珍惜兄弟间彼此的友谊,宽恕待人,关怀身边有需要的人,拒绝自私逸乐的生活态度,勇于付出牺牲与爱,秉持公正,遵守诫命,勇敢地为主做见证。让我们全心全意跟随基督,追寻真理的道路,以获得永恒的生命。