

**The Reflection from Pastor Fr. John
Carlos, Holy Cross Church, Harrison, NJ,
June 7, 2020**

LIVE THE SPIRIT OF GOD

Today, on the first Sunday after the Easter Season, we celebrate the ultimate reason and source of the mystery of our salvation: the Most Holy Trinity.

The Most Holy Trinity, Father, Son and Holy Spirit, three Persons in one Divine Nature, surpasses our capacity for understanding. It's a mystery. But what goes beyond our limited intelligence is not only the mystery of the One and Triune God; the New Testament often asserts that the incomprehensible and ineffable mystery is the Love of God who invites us to participate in his own divine nature through the presence of his Spirit of love, peace, and freedom.

In His Baptism: Jesus is the Son, full of the Spirit of God, who gives himself to the Father and to men, who goes to meet sinners, who becomes the last and the Servant of all. At Easter, we contemplate this mystery: Jesus gave himself totally to the Father and to man, a sublime and saving work of the Spirit. Dying on the cross, Jesus the Son reveals to us the immense

love of the Father who gives him the Spirit of love and thus leads him to the oblation of death and the fullness of the resurrection.

All humanity is invited to live the Spirit of God. This is the message of Jesus. God does not forget men, does not threaten them, nor does he limit himself to giving them laws: God is not an agent of strenuous interrogations or a distressing silence in the face of human suffering. God loves mankind and manifests his love, inviting us to participate in the life of Jesus, to love in the Spirit, to give up one's life if it is necessary and to find it eternally. This is the meaning of our baptism "in the name of the Father", who gives us his life "of the Son", the first one who opened the way for us, "of the Holy Spirit", who strengthens us and encourages love, freedom and hope.

May the eternal Love of the Most Holy Trinity dwell in your heart.

Father John Carlos