There is no other loss like that of one's child. Parents whose children have died will never again be the same. Their grief is longer, harder and more complicated than that of other bereaved people.

The needs of those who have suffered the loss of a child are special. One of these needs is to share the pain with others who have experienced this very difficult kind of grief.

Another parent who has walked the same dark road can be a beacon of light to show the way through the darkness.

Our support groups are led by trained facilitators - parents who have personally experienced the death of a child.

Groups meet monthly throughout the year.

There is hope.

There is help.

It is possible to survive even this loss.

## Support Groups

Meeting on the first Wednesday of each month:

Church of St. Thomas the Apostle
Parish Center
60 Byrd Avenue
Bloomfield NJ 07003
973-338-9190
\*7:30 pm - 9:30 pm
\*Meetings begin at 7 PM in July and August

## Information:

Brian and Cindy Armstrong 973-393-4713 or Family Life Office 973-497-4327

Groups are led by trained facilitators and are open to grieving parents of all faiths.

Meeting on the third Monday of each month:

Church of St. Peter
The Apostle
Rectory Basement
445 Fifth Avenue
River Edge NJ 07661
201-261-3366
7:30 pm - 9:30 pm

## **Information:**

Mary Davis 201-265-3688 201-261-5400 or Family Life Office 973-497-4327

Groups are sponsored by the Archdiocese of Newark Office of Family Life Ministries The Office of Family Life Ministries sponsors parish-based support groups and other bereavement services throughout the four counties of the Archdiocese of Newark.

Archdiocesan groups are open to people of all faiths who are grieving the death of a loved one.

Trained facilitators provide information on the grief process and help participants find support through the sharing of experiences.

For further information about these services, please contact the Office of Family Life Ministries at 973-497-4327.



Archdiocese of Newark Family Life Ministries 171 Clifton Avenue Newark NJ 07104

Joseph William Cardinal Tobin
Archbishop of Newark

Rev. Msgr. Richard J. Arnhols Vicar for Pastoral Life

Deacon James A. Detura
Director, Family Life Ministries

Lauren Egan, BA, CADC Associate Director, Family Life Ministries Support Groups For Parents Grieving the Death Of a Child

