



FAITH ALIVE @ HOME!

A GUIDE TO FAMILY PRAYER AND FAMILY FAITH FUN!

Created for you by the **Catechetical Office** and the **Office for Family Life Ministry**

HOLY WEEK/EASTER 2021 - YEAR OF ST. JOSEPH - YEAR OF THE FAMILY

FAMILY PRAYER @ HOME

HOW TO CREATE SACRED SPACE AT HOME, FAMILY PRAYER FOR HOLY WEEK AND EASTER RESOURCES, AND MORE!

FAMILY FAITH @ HOME

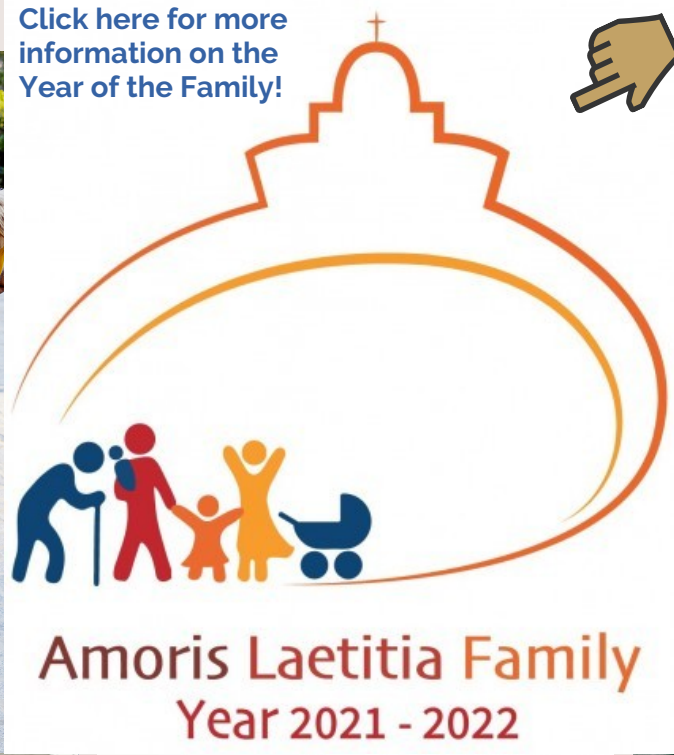
YEAR OF THE FAMILY RESOURCES, CATHOLIC PARENTING TOOLS, MARRIAGE ENRICHMENT, AND MORE!

Looking for inspiration to return to Mass? Click here for

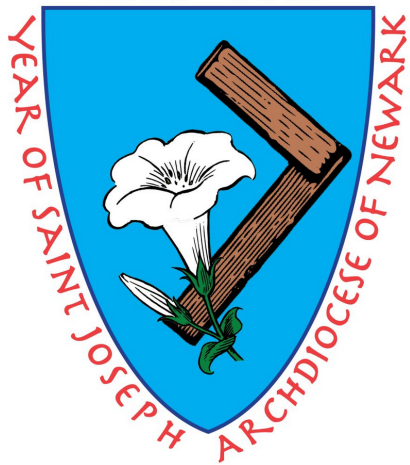
[Returning to Grace: A Pastoral Letter on the Eucharist from Cardinal Joseph W. Tobin, C.Ss.R.](#)



Click here for more information on the Year of the Family!



2020 - 2021



FAMILY PRAYER @ HOME

THE YEAR OF ST. JOSEPH - HONORING ST. JOSEPH @ HOME

With the Apostolic Letter, "Patris corde" ("With a Father's Heart"), Pope Francis recalls the 150th anniversary of the declaration of Saint Joseph as Patron of the Universal Church. To mark the occasion, the Holy Father has proclaimed a "Year of Saint Joseph" from Dec. 8, 2020, to Dec. 8, 2021.

The Catholic Church has held St. Joseph up as a model and example of virtue for many centuries. St. Joseph, the foster father of Jesus and the guardian and protector of the Holy Family has a long history of being a powerful intercessor for families. Those who have a special devotion to St. Joseph and who imitate his example of steadfast faithfulness and virtue will find themselves in a deeper relationship with God.

- [Year of St. Joseph Resources](#)
- [Godsplaining Podcast - The Year of St. Joseph](#)
- [Prayer to St. Joseph after the Rosary](#)
- [Year of St. Joseph: What Catholics Need to Know](#)
- [Why Honor St. Joseph?](#)
- [Meet St. Joseph!](#)
- [Consecration to St. Joseph](#)
- [How the Consecration to St. Joseph can change your life](#)
- [St. Joseph, a Father Like No Other](#)
- [The Powerful 30 Day Prayer to St. Joseph](#)
- [Five Lessons from St. Joseph](#)

HOLY WEEK @ HOME

Palm Sunday is the beginning of Holy Week. Throughout Holy Week we reenact, relive, and participate in the passion and death of Jesus Christ. Here are some resources to help celebrate this sacred week at home.

- [Cardinal Tobin's reflections for Holy Week: 'A Way of the Cross'](#)
- [25 things for your kids to spot during Palm Sunday and Triduum](#)
- [Walking through Holy Week as a family](#)
- [Video: Holy Week in Three Minutes](#)
- [Holy Week: Ideas for families](#)
- [Palm Sunday/Holy Week at Home](#)
- [A Catholic Guide to Holy Week Symbols](#)
- [Walking Through Holy Week as a Family](#)
- [Virtual Holy Week Retreat](#)



- [An Illustrated Guide to the Triduum](#)
- [Ultimate Guide to Holy Week with Kids!](#)
- [Holy Week at Home Retreat and Journal](#)
- [Stations of the Cross Video Meditation](#)

CELEBRATING THE EASTER SEASON @ HOME

ALLELUIA! JESUS IS RISEN!!

Easter Sunday is the greatest of all Sundays, and Easter Time is the most important of all liturgical times. There are 50 days of Easter from the first Sunday to Pentecost. Here are helpful resources for families.

- [50 Ways to Celebrate the 50 Days of Easter](#)
- [Jesus is Risen! Symbols / Traditions of Easter](#)
- [4 Ways to Help Children Understand Easter](#)
- [Don't Forget Your Home Paschal Candle](#)
- [Making a Paschal Candle](#)
- [More Than a Day: What the Easter Octave Teaches Us](#)
- [Carrying the Light of Easter](#)
- [10+ ways to celebrate Easter with food, fun, and prayer](#)
- [Strong Catholic Family Faith - Easter Season Resources](#)



CREATING SACRED SPACE @ HOME

Home altars for a very long time have been considered common in Catholic households. This sacred area serves as a central place for prayer and practice of the faith in the home. We have designated places for nourishment, rest, work, exercise, and/or play at home - why not have a designated, sacred place to pray, both individually and together as a family?

[Ready to create your sacred space? Click Here!](#)





FAMILY FAITH @ HOME



YEAR OF THE FAMILY - LIVING FAITH @ HOME

On March 19, 2021, the Church celebrated the fifth anniversary of the publication of Pope Francis's apostolic exhortation *Amoris Laetitia*, on the beauty and joy of love in the family. On this same day, Pope Francis launched the year "Amoris Laetitia Family," which will conclude on June 26, 2022, during a World Meeting of Families in Rome. As a parent, your role in the faith formation of your children is vital. No one can replace you, not even the best parish programs. Your parish community and the programs they offer exist to reinforce how you live faith at home. Recent studies show that if you are actively engaged with the practice of your faith, you greatly increase the probability that your children will be, too. Here are some resources to assist with effective faith formation at home:



- [A Special Year to Bear Witness to Family Love](#)
- [Amoris Laetitia Family Year: What Every Catholic Needs to Know](#)
- [Communicating God's love \(and mercy\) with ministry at home](#)
- [Resources to Help Your Family Grow in Faith and Love](#)
- [DOMESTIC CHURCH? HOLD ON, IT'S JUST A FAMILY!](#)
- [Bishop Barron: WHAT MAKES A FAMILY HOLY?](#)
- [Family Resource Center](#)
- [Strong Catholic Family Faith](#)
- [Growing Up Catholic - For Parents](#)
- [Your Family: On A Mission From God](#)



CATHOLIC PARENTING @ HOME

"These are unprecedented times — home, school, and work are jumbled up like never before. What an opportunity to learn, play, and grow with your children! They're watching you and need you now more than ever. This time can be a gift. Make the most of it by connecting with your kids in new, meaningful ways."- Parenting During the Pandemic

- [6 Strategies for Parenting during the COVID-19 Crisis](#)
- [Parenting Roadblocks](#)
- [Parents and Parenting Resource Page](#)
- [There is a Catholic Way to Parent](#)
- [Catholic Parenting - How To Do Everything You Can To Get Your Kid To Heaven!](#)
- [Discipleship Discipline: A Sainly Approach to Parenting](#)
- [The best practices for raising faith-filled kids](#)
- [Keep faith alive after baptism: Celebrate your kids' baptism anniversaries](#)



CATHOLIC MARRIAGE @ HOME

All Catholic couples need to work to cultivate a dynamic, vibrant relationship, strong enough to bear the demands of family life, and weather everything the world will throw at it. The reality is, we are never done working on our marriage. St. John Paul teaches us, "Love is never something ready-made, something merely given to man and woman, it is...a task which they are set. Love should be seen as something which never 'is' but is always only 'becoming'..."

- [How's your marriage? A Relationship Check-in](#)
- [3 ways to Tackle Marriage Stress](#)
- [Habits for a Happy Marriage](#)
- [25 \(Specifically\) Catholic Marriage Tips](#)
- [MARRIAGE ENRICHMENT: BUILD A FULFILLING LIFE TOGETHER](#)
- [Worldwide Marriage Encounter: Live Your Best Life in Love](#)
- [Surprised By Marriage: Sharing the Struggles and Graces of a Catholic Marriage](#)

