

# FAITH ALIVE @ HOME!

A GUIDE TO FAMILY WORSHIP AND FAMILY FAITH FUN!

Created for you by the Catechetical Office of the Archdiocese of Newark



EASTER SEASON 2020

## FAMILY WORSHIP @ HOME

How to celebrate the Easter Season at home, family worship resources, praying with the Bible, and more!

## FAMILY FAITH @ HOME

How to be your child's primary teacher of the faith, Easter season family dinner resources, and more!



### Virtual Easter Egg Hunt!!

LOOK for Easter Eggs on each page and click on them for special Easter messages to share with your family!



# FAMILY WORSHIP @ HOME

*"All families need God. Every single one. We need His help, His strength, His blessing, His mercy and His forgiveness." - Pope Francis*



[CLICK HERE FOR A SPECIAL EASTER MESSAGE FROM POPE FRANCIS!](#)

Click on the image below to get started on making your home a Domestic Church!



## Watching Mass at Home? Here's 4 Amazing Ways to Improve Your Spiritual Experience

Here are some helpful hints to make this experience fruitful for all:

- Set all distractions aside
- Set up a sacred space
- Participate in the Mass and make a Spiritual Communion
- Call on St. Clare of Assisi (the patron saint of technological developments in communications)

[For more details, click here to read the full article.](#)

[FOR A LIST OF PARISH MASS LIVE-STREAMS IN THE ARCHDIOCESE OF NEWARK AND IN AMERICAN SIGN LANGUAGE, CLICK HERE.](#)



[To help build up your Domestic Church, click here for a great article.](#)

## CREATING SACRED SPACE @ HOME

Home altars for a very long time have been considered common in Catholic households. This sacred area serves as a central place for prayer and practice of the faith in the home. We have designated places for nourishment, rest, work, exercise, and/or play at home - why not have a designated, sacred place to pray, both individually and together as a family?

[Ready to create your sacred space? Click Here!](#)



## BREAKING OPEN THE WORD @ HOME

Ever ancient, ever new! The Bible is the inspired Word of God and our source for guidance, instruction, consolation, and encouragement. Knowledge and love of the scriptures are essential to the lives of all Christians. Here are great resources to help your family get started:

[Using the Bible in Family Prayer](#)

[The Bible App for Kids](#)

[Using the Bible at Home](#)

[Understanding the Bible](#)

[Frequently Asked Questions about the Bible](#)

[Reading the Bible Family Resources](#)

[Gospel Weeklies Resources for Families](#)

[Activities That Support Catholic Family Scripture Study](#)

[Lectio Divina for kids: Teach kids to pray with Scripture](#)

## EASTER SEASON @ HOME

**ALLELUIA! JESUS IS RISEN!!**

Easter Sunday is the greatest of all Sundays, and Easter Time is the most important of all liturgical times. There are 50 days of Easter from the first Sunday to Pentecost. Here are helpful resources for the celebration of the Easter Season at home.

[Children's Daily Prayer 2020](#)

(Easter Season begins on page 252)

[50 Ways to Celebrate the 50 Days of Easter](#)

[19 Catholic Ways to Celebrate Easter All Season](#)

[At Home, Talking Life and Faith this Easter](#)

[Jesus is Risen! Symbols / Traditions of Easter](#)

[Magnifikid! Sunday Mass Guide - Easter Sunday](#)

[4 Ways to Help Children Understand Easter](#)

[Fully Alive! An at Home Easter Retreat](#)

[Don't Forget Your Home Paschal Candle](#)

[Making a Paschal Candle](#)

[Easter Traditions for Teens](#)

[More Than a Day: What the Easter Octave Teaches Us](#)



# FAMILY FAITH @ HOME



## LIVING FAITH @ HOME

As a parent, your role in the faith formation of your children is vital. No one can replace you, not even the best parish programs. Your parish community and the programs they offer exist to reinforce how you live faith at home. Recent studies show that if you are actively engaged with the practice of your faith, you greatly increase the probability that your children will be, too. Here are some resources to assist with effective faith formation at home:

[School-at-Home Guide for Catholic Families](#)

[Strange Fruit: COVID-19 May Help Parents Reclaim an Important Role How to Encounter God as a Family as we Shelter-in-Place](#)

[Family Resource Center](#)

[Strong Catholic Family Faith](#)

[7 Resources to Help Bring the Faith Home](#)

[Saints Peter and Paul Parish, Hoboken - Virtual Family Faith Page](#)

## MEALTIME @ HOME DURING EASTER SEASON

*"Over the past 20 years researchers have confirmed what parents have known for a long time: sharing a family meal is good for the spirit, the brain and the health of all family members. Recent studies link regular family dinners with many behaviors that parents pray for: lower rates of substance abuse, teen pregnancy and depression, as well as higher grade-point averages and self-esteem. Studies also indicate that dinner conversation is a more potent vocabulary-booster than reading, and the stories told around the kitchen table help our children build resilience." - [The Family Dinner Project](#)*

### PANDEMIC 2020: OUR STUCK AT HOME GUIDE TO FOOD, FUN AND CONVERSATION



[Family Dinner During Quarantine](#)

[The Power of Family Meals](#)

[10 Tips for Better Family Mealtimes](#)

[Eat Family Meals Together \(the fun way\)](#)

[Meals Strengthen Families: Why Eating Together Matters](#)

[Fostering STEM Learning at Family Dinner](#)

[Cooking with CatholicMom.com](#)

[My Catholic Kitchen](#)

[Catholic Cuisine - Recipes from Easter - Pentecost](#)

**"TO MAINTAIN A JOYFUL FAMILY REQUIRES MUCH FROM BOTH THE PARENTS AND THE CHILDREN. EACH MEMBER OF THE FAMILY HAS TO BECOME, IN A SPECIAL WAY, THE SERVANT OF THE OTHERS." - ST. POPE JOHN PAUL II**

