

# FAITH ALIVE @ HOME!

A GUIDE TO FAMILY WORSHIP AND FAMILY FAITH FUN!

Created for you by the Catechetical Office of the Archdiocese of Newark



MAY / MOTHER'S DAY 2020

## FAMILY PRAYER @ HOME

Ways to honor Jesus' Mother, Mary at home, family worship resources, praying the rosary, devotions to our Blessed Mother, and more!

## FAMILY FAITH @ HOME

Celebrating mom at home, Mother's Day ideas, recipes, and activities, self-care ideas for mothers, and ways to cope with loss and grief on Mother's Day



### Pick Flowers for Mom!!

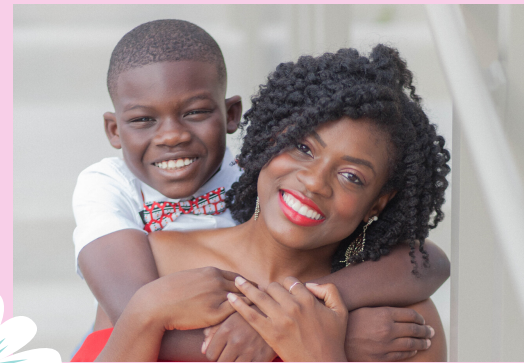
LOOK for flowers and images of the Blessed Mother on each page and click on them for special messages of love and appreciation for our mothers!



[CLICK HERE FOR A SPECIAL MESSAGE FROM CARDINAL TOBIN!  
5 REASONS WE TURN TO MARY IN TIMES OF CRISIS](#)

[CLICK HERE TO JOIN CARDINAL TOBIN AND BISHOPS NATIONWIDE IN THE  
RECONSECRATION OF OUR NATION TO MARY, MOTHER OF THE CHURCH](#)

All invited to participate in a livestream prayer service, Friday, May 1 at 3 p.m.



# FAMILY PRAYER @ HOME

"IF YOU EVER FEEL DISTRESSED DURING YOUR DAY, CALL UPON OUR LADY. JUST SAY THIS SIMPLE PRAYER, 'MARY, MOTHER OF JESUS, BE A MOTHER TO ME NOW.' I MUST ADMIT, THIS PRAYER HAS NEVER FAILED ME."

– ST. TERESA OF CALCUTTA



## HONORING OUR BLESSED MOTHER @ HOME

For centuries, it has been Catholic tradition to honor Jesus' mother, Mary, in May. In many Catholic homes, a "May Altar" is made with a statue or picture of the Blessed Virgin Mary, flowers, and candles. The altar serves as a reminder of Mary's importance in the life of the Church and in our own lives as well.



[POPE FRANCIS' LETTER ON THE MONTH OF MAY](#)

[MAY, THE MONTH OF MARY](#)

[WHAT THE MONTH OF MAY MEANS TO CATHOLICS](#)  
[INTRODUCING CHILDREN TO THE BLESSED MOTHER](#)

[8 TIPS FOR THE MONTH OF MARY](#)

[HOW TO PRAY THE ROSARY](#)

[13 TIPS FOR PRAYING THE ROSARY WITH KIDS](#)

[REDISCOVER THE ROSARY](#)

[WHY PRAYING THE ROSARY WORKS](#)

[10 WAYS TO MAKE A FAMILY ROSARY A REALITY](#)

[ROSARY HOPSCOTCH!](#)

[HONORING MARY: A COLLECTION OF IDEAS](#)

[POP-UP CATECHESIS: MAY CROWNING AT HOME](#)

[MAY CROWNING IDEAS](#)

[A PRACTICAL MAY ALTAR HOW-TO](#)

[MARIAN CONSECRATION FAMILY ADVENTURE!](#)



## "Watching Mass" With Your Family. Futile or Fulfilling? What Makes the Difference.

*Participating in mass at home is a commitment that will make us more mindful of why we're participating at mass when we finally get to go back to our parish church.*  
Click on the link above to read the whole article.

[Click Here to participate in liturgies celebrated at noon on Sundays by Cardinal Joseph Tobin, C.Ss.R., Archbishop of Newark](#)

[For a list of Parish Mass Livestreams in the Archdiocese of Newark and in American Sign Language, \*\*CLICK HERE.\*\*](#)

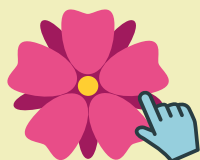
## PRAYING NOVENAS @ HOME

The word novena is taken from "novem," the Latin word for nine. A novena is made up of nine days of prayer and meditation usually to ask God for special prayer requests or petitions. Novenas are an ancient tradition that goes back to the days of the Apostles. Jesus told His disciples to pray together after His ascension into heaven, so they went to an upper room along with the Blessed Virgin Mary, (Acts 1:14) and joined constantly in prayer for nine days. These nine days of constant prayer by the Apostles at the direction of Jesus led up to Pentecost. This is when the Holy Spirit descended upon the disciples as "tongues of fire" (Acts 2:1-4). This pattern of 9 days of prayer is the basis the novenas we pray today. Thus, the novena is an imitation of the Lord's command to the Apostles when they prayed for 9 days in anticipation of the coming of the Holy Spirit.

[Click here to learn more about novenas.](#)

[NOVENA FOR THOSE AFFECTED BY THE CORONAVIRUS PANDEMIC](#)

[NOVENAS TO HONOR OUR BLESSED MOTHER MARY](#)



- [Novena to the Immaculate Heart of Mary](#) - For an increase of grace and holiness
- [Mary Help of Christians Novena](#) - For help and protection during times of trial
- [Mary Undoer of Knots Novena](#) - For help to untie the knots of sin and hardships in our lives
- [Novena to Our Lady of Fatima](#) - For world peace, conversion of hearts, and deliverance from sin and war
- [Novena to Our Lady of Knock](#) - For hope in times of distress and comfort in times of sorrow
- [Our Lady of Good Counsel Novena](#) - For guidance and counsel in times of necessity
- [Our Lady of Guadalupe Novena](#) - For consolation and relief in times of trouble, sorrow, and affliction
- [Our Lady of Lourdes Novena](#) - For healing in times of spiritual and physical suffering
- [Our Lady of Mount Carmel Novena](#) - For the consolation and protection of those in danger of death
- [Our Lady of Sorrows Novena](#) - For grace to endure in times of suffering



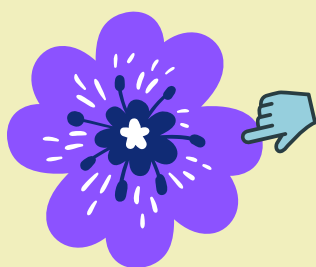


The Loveliest  
masterpiece of  
the heart of God  
is the Love  
of a mother.



-ST. THERESE OF LISIEUX

EVERY DAY ALL YEAR



## CELEBRATING MOM @ HOME

"For those whose mothers and grandmothers are still alive - cherish them today and everyday. Hug and kiss them. Honor them. Thank them. For those whose mothers have gone home to the Lord, remember them. There is no-one like a mother, no substitute for her place, no equal to her love and placement in our own formation." -Honoring our Mothers on Mother's Day: A Christian Reflection

- 5 Delightful Ways to Honor Mom during Quarantine this Mother's Day.
- Create a Digital Memory Book for Mom
- Mother's Day Superhero Puppet Craft
- Favorite Mom Saints
- Spiritual Bouquets for Mother's Day
- Five Mother's Day Gifts that Keep on Giving
- Mommy Time Out!
- Kids Who Care? We've Got the Recipe for Mother's Day and Beyond
- All About Moms - Mealtime Conversation Starters for Mother's Day
- How to Cope with Grief on Mother's Day
- Coping with Loss on Mother's Day
- Grieving the Loss of a Mother on Mother's Day



## *Lovely Lady Dressed in Blue*

Lovely Lady dressed in blue  
Teach me how to pray!  
God was just your little boy,  
Tell me what to say!

Did you lift Him up, sometimes,  
Gently on your knee?  
Did you sing to Him the way  
Mother does to me?

Did you hold His hand at night?  
Did you ever try  
Telling stories of the world?  
O! And did He cry?



Do you really think He cares  
If I tell Him things  
Little things that happen? And  
Do the Angels' wings

Make a noise? And can He hear  
Me if I speak low?  
Does He understand me now?  
Tell me..... for you know.

Lovely Lady dressed in blue  
Teach me how to pray!  
God was just your little boy,  
And you know the way.

-Mary Dixon Thayer

[Click here for a beautiful video meditation of this poem narrated by the Venerable Archbishop Fulton J. Sheen](#)



**"Dear mothers: thank you!  
Thank you for what you are in  
your family and for  
what you give to the  
Church and to the world."  
- Pope Francis**

