

FAITH ALIVE @ HOME!

A GUIDE TO FAMILY WORSHIP AND FAMILY FAITH FUN!

Created for you by the Catechetical Office of the Archdiocese of Newark



PALM SUNDAY / HOLY WEEK 2020

FAMILY WORSHIP @ HOME

HOW TO CREATE SACRED SPACE AT HOME,
FAMILY WORSHIP RESOURCES, PRAYING
WITH THE BIBLE, AND MORE!

FAMILY FAITH @ HOME

HOW TO BE YOUR CHILD'S PRIMARY
TEACHER OF THE FAITH, FAMILY FAITH
FORMATION RESOURCES, AND MORE!

**A Message from Cardinal Tobin:
Spiritual Closeness in a Time of Social Distancing: Seven Suggestions**



FAMILY WORSHIP @ HOME

"All families need God. Every single one. We need His help, His strength, His blessing, His mercy and His forgiveness." - Pope Francis



Click on the image below to get started on making your home a Domestic Church!



**CLICK
HERE!**



Watching Mass at Home? Here's 4 Amazing Ways to Improve Your Spiritual Experience

Here are some helpful hints to make this experience fruitful for all:

- Set all distractions aside
- Set up a sacred space
- Participate in the Mass and make a Spiritual Communion
- Call on St. Clare of Assisi (the patron saint of technological developments in communications)

For more details, click here to read the full article.

FOR A LIST OF PARISH MASS LIVESTREAMS IN THE ARCHDIOCESE OF NEWARK AND IN AMERICAN SIGN LANGUAGE, [CLICK HERE.](#)

To help build up your Domestic Church, click here for a great article.

CREATING SACRED SPACE @ HOME

Home altars for a very long time have been considered common in Catholic households. This sacred area serves as a central place for prayer and practice of the faith in the home. We have designated places for nourishment, rest, work, exercise, and/or play at home - why not have a designated, sacred place to pray, both individually and together as a family?
Ready to create your sacred space? Click Here!



BREAKING OPEN THE WORD @ HOME

Ever ancient, ever new! The Bible is the inspired Word of God and our source for guidance, instruction, consolation, and encouragement. Knowledge and love of the scriptures are essential to the lives of all Christians. Here are some great resources to help you and your family get started:

[Using the Bible in Family Prayer](#)

[The Bible App for Kids](#)

[Using the Bible at Home](#)

[Understanding the Bible](#)

[Frequently Asked Questions about the Bible](#)

[Reading the Bible Family Resources](#)

[Gospel Weeklies Resources for Families](#)

[Activities That Support Catholic Scripture Study in Families](#)

[Lectio Divina for kids: Teach your kids to pray with Scripture](#)



PALM SUNDAY AND HOLY WEEK @ HOME

Palm Sunday is the beginning of Holy Week. Here are some resources to help celebrate this special week at home.

[Palm Sunday Family Prayer Service](#)

[Holy Week in Three Minutes](#)

[Sunday Connection - Palm Sunday](#)

[MagnifiKid -Palm Sunday](#)

[Palm Sunday/Holy Week at Home](#)

[Home Adoration](#)

[Walking Through Holy Week as a Family](#)

[Worshipping at Home - Holy Week](#)

[Ultimate Guide to Holy Week with Kids!](#)

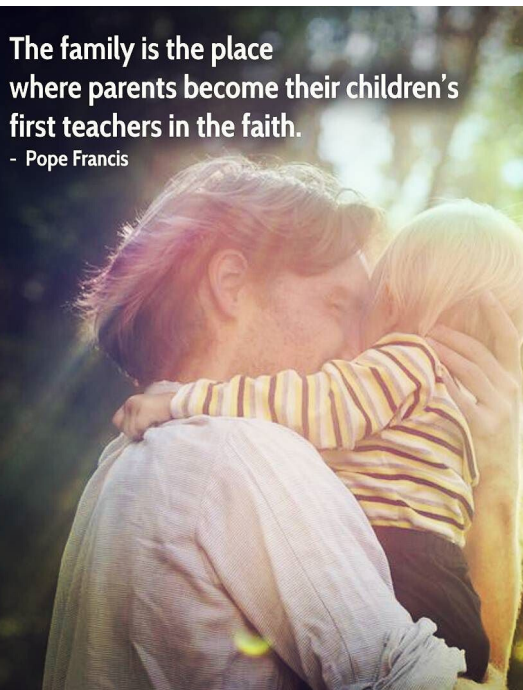
[Holy Week at Home Retreat and Journal](#)

[Stations of the Cross Video Meditation](#)

FAMILY FAITH @ HOME

The family is the place
where parents become their children's
first teachers in the faith.

- Pope Francis



LIVING FAITH @ HOME

As a parent, your role in the faith formation of your children is vital. No one can replace you, not even the best parish programs. Your parish community and the programs they offer exist to reinforce how you live faith at home. Recent studies show that if you are actively engaged with the practice of your faith, you greatly increase the probability that your children will be, too. Here are some resources to assist with effective faith formation at home:

[Strange Fruit: COVID-19 May Help Parents Reclaim an Important Role How to Encounter God as a Family as we Shelter-in-Place](#)

[Family Resource Center](#)

[Strong Catholic Family Faith](#)

[Growing Up Catholic - For Parents](#)

[7 Resources to Help Bring the Faith Home](#)

[Saints Peter and Paul Parish, Hoboken - Virtual Family Faith Page](#)

PARENTING @ HOME DURING QUARANTINE

"These are unprecedented times — schedules are suddenly wide open and home, school, and work are jumbled up like never before. What an opportunity to learn, play, and grow with your children! They're watching you and need you now more than ever. This topsy-turvy time can be a gift. Make the most of it by connecting with your kids in new, meaningful ways." - [Parenting During the Coronavirus Crisis](#)

[Quarantine Blues: How Can Your Family Cope While You're All Cooped Up](#)
[6 Strategies for Parenting during the COVID-19 Crisis](#)

[Caring for your Family's Spiritual Needs during the COVID-19 Outbreak](#)
[Resources for Family Prayer and Engagement during Coronavirus](#)

[Mental Health and Coping During COVID-19](#)

[How to Master Working From Home—While Under Quarantine With Kids](#)

[Family Life in a Pandemic](#)

[Building Family Bonds during COVID-19](#)

**"THERE ARE NO PERFECT PARENTS, AND THERE ARE NO PERFECT CHILDREN,
BUT THERE ARE PLENTY OF PERFECT MOMENTS ALONG THE WAY."**

- DAVE WILLIS

