Fall Sports:

	2022 - 2023	2023 - 2024	2024 - 2025	2025 - 2026
Labor Day – Monday	Sept. 5 <sup>th</sup>	Sept. 4 <sup>th</sup>	Sept. 2 <sup>nd</sup>	Sept. 1st
Practice start – Football – Wednesday	Aug. 10 <sup>th</sup>	Aug. 9 <sup>th</sup>	Aug. 14 <sup>th</sup>	Aug. 13 <sup>th</sup>
Practice start – G Tennis – Wednesday	Aug. 17th	Aug. 16th	Aug. 14th	Aug. 13th
Practice start – all other sports – Monday	Aug. 22 <sup>nd</sup>	Aug. 21st	Aug. 26 <sup>th</sup>	Aug. 25 <sup>th</sup>
Regular start – Football – Friday	Sept. 2 <sup>nd</sup>	Sept. 1st	Sept. 7 <sup>th</sup>	Sept. 5 <sup>th</sup>
Regular start – G Tennis – Tuesday	Sept. 6 <sup>th</sup>	Sept. 5 <sup>th</sup>	Sept. 3 <sup>rd</sup>	Sept. 2 <sup>nd</sup>
Regular start – all other sports – Thursday	Sept. 8 <sup>th</sup>	Sept. 7 <sup>th</sup>	Sept. 12 <sup>th</sup>	Sept. 11 <sup>th</sup>
Regular season end – Wednesday	Oct. 26 <sup>th</sup>	Oct. 25 <sup>th</sup>	Oct. 30 <sup>th</sup>	Oct. 29 <sup>th</sup>
Post-season start – Friday	Oct. 28th	Oct. 27 <sup>th</sup>	Nov. 1st	Oct. 31st
Post-season end – Sunday	Nov. 13 <sup>th</sup>	Nov. 12 <sup>th</sup>	Nov. 17 <sup>th</sup>	Nov. 16 <sup>th</sup>

**Winter Sports:** 

	2022 - 2023	2023 - 2024	2024 - 2025	2025 - 2026
Thanksgiving Day – Thursday	Nov. 24 <sup>th</sup>	Nov. 23 <sup>rd</sup>	Nov. 28 <sup>th</sup>	Nov. 27 <sup>th</sup>
Practice start – Monday	Nov. 28th	Nov. 27 <sup>th</sup>	Dec. 2 <sup>nd</sup>	Dec. 1 <sup>st</sup>
Regular start – Bowling – Monday	Dec. 5 <sup>th</sup>	Dec. 4 <sup>th</sup>	Dec. 9 <sup>th</sup>	Dec. 8 <sup>th</sup>
Regular start – all other sports – Thursday	Dec. 15 <sup>th</sup>	Dec. 14 <sup>th</sup>	Dec. 19 <sup>th</sup>	Dec. 18th
Regular season end – Monday	Feb. 6 <sup>th</sup>	Feb. 5 <sup>th</sup>	Feb. 10 <sup>th</sup>	Feb. 9 <sup>th</sup>
Post-season start – Wednesday	Feb. 8 <sup>th</sup>	Feb. 7 <sup>th</sup>	Feb. 12 <sup>th</sup>	Feb. 10 <sup>th</sup>
Post-season end – Sunday	Feb. 26 <sup>th</sup>	Feb. 25 <sup>th</sup>	Mar. 2 <sup>nd</sup>	Mar. 1st

**Spring Sports:** 

	2022 - 2023	2023 – 2024	2024 – 2025	2025 - 2026
Early start – Pitchers & Catchers – Monday	Mar. 13 <sup>th</sup>	Mar. 11 <sup>th</sup>	Mar. 10 <sup>th</sup>	Mar. 9th
Practice start – B Tennis – Monday	Mar. 13th	Mar. 11 <sup>th</sup>	Mar. 10th	Mar. 9th
Practice start – all other sports – Thursday	Mar. 16 <sup>th</sup>	Mar. 14 <sup>th</sup>	Mar. 13 <sup>th</sup>	Mar. 12 <sup>th</sup>
Regular start – Golf – Thursday	Mar. 23 <sup>rd</sup>	Mar. 21st	Mar. 20th	Mar. 19 <sup>th</sup>
Regular start – all other sports – Monday	Apr. 3 <sup>rd</sup>	Apr. 1st	Mar. 31st	Mar. 30 <sup>th</sup>
Regular season end – Wednesday	May 24 <sup>th</sup>	May 22 <sup>nd</sup>	May 21st	May 20 <sup>th</sup>
Post-season start – Thursday	May 25 <sup>th</sup>	May 23 <sup>rd</sup>	May 22 <sup>nd</sup>	May 21st
Memorial Day – Monday	May 29 <sup>th</sup>	May 27 <sup>th</sup>	May 26 <sup>th</sup>	May 25 <sup>th</sup>
Post-season end – Sunday	Jun. 11 <sup>th</sup>	Jun. 9 <sup>th</sup>	Jun. 8 <sup>th</sup>	Jun. 7 <sup>th</sup>

## Here is a link to the original article that spoke about the new revisions and calendar

 $\frac{https://www.nj.com/highschoolsports/2021/06/njsiaa-officially-approves-calendar-that-shortens-hs-sports-seasons.html}{}$