

## **First Penance Preparation Digital Resources**

### **For Parents/Families**

- [Countdown to First Penance and Reconciliation](#) – Catechists' Journey
- Pop-Up Catechesis: [Doing a First Reconciliation Retreat at Home](#)
- [Why Do I Have to Go to Confession?](#)
- [5 Ways to Prepare Your Child for First Reconciliation](#)
- [Home Resources for Sacramental Preparation of Children](#) – First Penance and First Eucharist
- [First Reconciliation Parent/Child Retreat](#)

### **Catechetical Resources:**

- [Preparing Students for Reconciliation](#)
- [Understanding Reconciliation: A Lesson from the Lost Sheep](#)
- [Encouraging Reconciliation](#)
- [Growing Up Catholic: Reconciliation](#)
- [The Pastoral Center: Reconciliation](#)
- [The Religion Teacher: Sacrament of Penance and Reconciliation Lesson Plans](#)
- [Blessed: The Dynamic Catholic First Communion and First Reconciliation Experience](#)
- [Teachers Pay Teachers – First Reconciliation](#)
- [Reconciliation Resources: A Story of Reconciliation and an Examination of Conscience](#)

## **First Eucharist Preparation Digital Resources**

### **For Children**

Catholic Kids Media - What is "Real Presence"? <https://youtu.be/JYkvjq6pG1Y>

Catholic Kids Media- What is the Eucharist? <https://youtu.be/hpll4lG01kk>

Dynamic Catholic – The True Presence <https://youtu.be/q4QiyQAgP7w>

### **For Parents**

Catholic Central – The REAL Presence of the Eucharist <https://youtu.be/Vm8mMJqta8w>

Sophia SketchPad: The Eucharist - <https://youtu.be/QcB7Uem00n4>

[The Real Presence of Jesus in the Eucharist // Bishop Barron at 2020 Religious Education Congress](#)

[Bishop Barron on the Real Presence of Christ in the Eucharist](#)

[Eucharist- Body of Christ, Broken for the World](#)

[Pop-Up Catechesis: First Eucharist Retreat at Home](#)

### **Catechetical Resources:**

Catechist Café – Eucharist - <https://catechistcafe.weebly.com/eucharist.html>

[Growing Up Catholic - Go in Peace: You are Sent](#) - A half-day retreat on the Mass for parents and guardians preparing their children for the sacraments

[People and Things at Mass Matching Game](#)- This fun game helps children deepen their understanding of what they will see at Mass.

[Pop-Up Catechesis: A Walk Through the Mass](#) - explains the parts of the Mass in a special series of Pop-Up Catechesis videos.

[How to Celebrate Mass with a Child with Special Needs](#) - tips on how to celebrate Mass with a child with special needs.

[Four Tips for Making Connections Between the Mass and Class Discussions](#)- ideas for connecting the Mass and faith formation session themes.

Bl. Carlos Acutis - [Miracles List - The Eucharistic Miracles of the World](#)

### **COMPLETE LESSON PLANS FOR A GUIDED HOUR OF EUCHARISTIC ADORATION FOR CHILDREN**

### **Confirmation Preparation Digital Resources**

#### **For Parents/Families**

- [Family-Centered Adolescent Level Sacramental Formation: Confirmation](#)
- [7 Things To Do Before You Receive The Sacrament Of Confirmation](#)
- [Your Child Has Been Confirmed! Now What?](#)
- [How To Explain The 7 Sacraments Without Boring Your Children](#)
- [Confirmation: It's Not About What You Do](#) – Podcast
- [Eight important things to know about Confirmation](#)
- [The Top 4 Questions Teens Ask Before Confirmation \(And How to Respond!\)](#)

## Catechetical Resources:

- Ascension Press – Chosen – [“What Happens at Confirmation?”](#) - 6 min video
- Ascension Press – Chosen – [“The Power of the Holy Spirit”](#) - 5 min video
- Ascension Press – Chosen – [“The Gifts the Holy Spirit – Part I”](#) - 5 min video
- Ascension Press – Chosen – [“The Gifts the Holy Spirit – Part II”](#) - 5 min video
- Ascension Press – Chosen – [“The Fruits the Holy Spirit – Part I”](#) - 5 min video
- Ascension Press – Chosen – [“The Fruits the Holy Spirit – Part I”](#) - 5 min video
- Ascension Press – Chosen – [“The Holy Spirit in Your Life”](#) - 3 min video
- [Decision Point](#) (Dynamic Catholic) a video based Confirmation preparation program for teens.
- [Confirmation Crafts for Kids](#) (Catholic Icing)
- [Catholic Saints Research Projects](#) (Ave Maria Press)
- [How to Spiritually Prepare Your Teen for Confirmation](#) (CatholicMom.com)
- [Sacraments 101 Confirmation](#) Why we're confirmed (Busted Halo) Video
- Confirmation Videos from Bishop Barron
  - [Choosing a Confirmation Name](#) (Word on Fire Video)
  - [On the Sacrament of Confirmation](#) (Word on Fire Video)
  - [On Confirmation and Evangelization](#) (Word on Fire Video)
- [Confirmation](#) (Loyola Press)
  - [The History and Development of the Sacrament of Confirmation](#)
  - [The Sacrament of Confirmation](#)