



# FAITH ALIVE @ HOME!

A GUIDE TO FAMILY PRAYER AND FAMILY FAITH FUN!

Created for you by the Catechetical Office of the Archdiocese of Newark

## YEAR OF PRAYER 2024

**FAMILY PRAYER @ HOME**

**FAMILY FAITH @ HOME**

**POPE FRANCIS ANNOUNCES 2024 AS A YEAR OF PRAYER**

(click here to learn more)



**CLICK-HERE-TO-PRAY-WITH  
POPE-FRANCIS!**



**CLICK-HERE-TO-PRAY-WITH  
JONATHAN-ROUMIE**  
(THE ACTOR WHO PORTRAITS JESUS IN THE CHOSEN!)



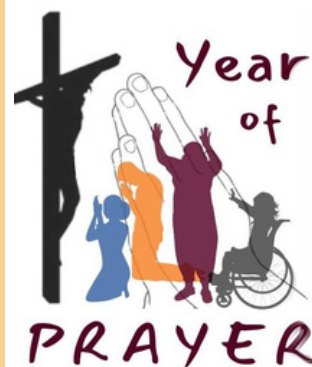


# FAMILY PRAYER @ HOME

## 2024: THE YEAR OF PRAYER

The Year of Prayer was instituted by Pope Francis to prepare for the Jubilee Year 2025. It is "a privileged time in which to rediscover the value of prayer, the need for daily prayer in the Christian life; a time to discover how to pray, and above all how to educate the people of today in prayer, in this age of digital culture, so that prayer can be effective and fruitful."

- Msgr. Rino Fisichella - Pro-Prefect, Dicastery for Evangelization



## 2025: The Year of Jubilee



Click on the image above to learn more

A Jubilee Year is a special year of grace, in which the Catholic Church offers us the opportunity to seek a plenary indulgence, a profound gift of mercy providing a path to spiritual purification and closeness to God.

The Jubilee Year is a time to re-establish a proper relationship with God, with one another, and with all of creation. One of the most exciting rites of a Jubilee Year is the opening of the Holy Door that marks the beginning of the Jubilee.



Pope Francis announced "Pilgrims of Hope" as the theme for the Jubilee Year. Hope will be the central theme to foster a greater sense of global togetherness and solidarity with the poor, as well as care for the environment.

[Click here to pray The Jubilee Prayer](#)



*"I ask you to intensify your prayer to prepare us to live this event of grace well and to experience the power of God's hope."*

We hope these resources help to bring your family closer together and strengthen your faith throughout this Year of Prayer.

- [A How-to-Pray Primer for Parents and Families](#)
- [Catholic Parents Guide: 10 Family Prayer Ideas](#)
- [Using the Bible in Family Prayer](#)
- [Build-Your-Own Family Worship Service](#)
- [10 Great Ways To Teach Your Child To Pray](#)
- [Catholic Prayers All Children Should Know](#)
- [A Parent Who Prays: A Journal to Guide You in Praying For Your Children](#)
- [How To Pray The Rosary With Children: Embrace The Joyful Chaos!](#)
- [Family Prayer Made Easy!](#)
- [Raising A Saint: Lessons From Holy Dads](#)
- [Raising A Saint: 2 Essential Lessons From Holy Moms](#)
- [Prayers By and For Mothers](#)
- [Prayers For Fathers and Husbands](#)



## CREATING SACRED SPACE @ HOME

Home altars for a very long time have been considered common in Catholic households. This sacred area serves as a central place for prayer and practice of the faith in the home. We have designated places for nourishment, rest, work, exercise, and/or play at home - why not have a designated, sacred place to pray, both individually and together as a family?

[Ready to create your sacred space? Click Here!](#)

[Forty Ways to Foster Prayer in Your Home](#)







# FAMILY FAITH @ HOME

## LIVING FAITH @ HOME

As a parent, your role in the faith formation of your children is vital. No one can replace you, not even the best parish programs. Your parish community and the programs they offer exist to reinforce how you live faith at home. Recent studies show that if you are actively engaged with the practice of your faith, you greatly increase the probability that your children will be, too. Here are some resources to assist with effective faith formation at home:

- [Nurturing Family Faith at Home](#)
- [7 Ways to Live the Faith as a Family](#)
- [Strong Catholic Family Faith](#)
- [Growing Up Catholic - For Parents](#)
- [Your Family: On A Mission From God](#)
- [Catholic Households on Mission](#)
- [5 Marks of the Catholic Family](#)
- [The Catholic Family Checklist: Your plan to get your family on track for holiness.](#)
- [Center for Parent/Youth Understanding](#)
- [Beginner's Guide: Creating a Catholic Home](#)
- [7 Building Blocks to a Joyful Catholic Home](#)



## CATHOLIC PARENTING @ HOME

*"Catholicism is an incarnational faith. Catholics can't just say prayers that invoke the name of Jesus and be done with it. We have to live differently. The parenting methods we choose are actually a kind-of catechism. The way we interact with our children — even more than what we say to them — teaches them how to think about relationships, life, faith, priorities, and morality."*

*Excerpt from **There is a Catholic Way to Parent***

### Additional Parenting Resources for Catholic Families:

- [7 Tips on Parenting I Learned When Mary and Joseph Lost Jesus](#)
- [Catholic Parenting - How To Do Everything You Can To Get Your Kid To Heaven!](#)
- [The Kennedy Adventures - Practical Solutions for Catholic Parents](#)
- [Discipleship Discipline: A Sainly Parenting Approach](#)
- [The Best Practices for Raising Faith-filled Kids](#)
- [Parents and Parenting Resource Page](#)
- [Parenting, Media, and Everything in Between](#)
- [Family Feud! Managing Family Conflict](#)
- [Parenting Science](#)
- [Parenting Mary's Way](#)
- [Me & My House Catholic Parenting](#)
- [Parenting the Digital World](#)
- [Three Steps to Peaceful Parenting](#)
- [Faith, Family, and Fatherhood](#)
- [Catholic Mom](#)



## **FAMILY FUN @ HOME**

Enjoy these Activities for Families to Pray, Learn, and Serve together shared by the Office for Family Life.

For more family resources click on the Office for Family Life Logo!



- **Create a Family Mission Statement!**
- **Go on a local pilgrimage**
- **Try faith-based novels and other books**
- **Read and reflect on the Sunday readings to prepare for mass**
- **Take time to pray together @ bedtime, meals, in the car, etc.**
- **Celebrate baptism anniversaries for the members of your family**
- **Pray a novena or new family devotion**
- **Discover saints related to your names**
- **Try new traditions through the liturgical year, especially during Advent and Lent**

### **How Can Families Practice the Corporal Works of Mercy?**

- **Shelter the Homless**
- **Visit the Imprisoned**
- **Visit the Sick**
- **Bury the Dead**
- **Feed the Hungry**
- **Clothe the Naked**
- **Give drink to the thirsty**



**CLICK HERE TO LEARN HOW**  
**CARDINAL TOBIN PRAYS!**



**Follow us on social media!**

**Linktree** 