



Worship Office

Archdiocese of Newark

PLENARY INDULGENCE

Pilgrims of Hope - Jubilee Year 2025

A Plenary Indulgence for the Jubilee Year is granted by the Holy See from December 24, 2024, to January 6, 2026.

Below is a summary of how the plenary indulgence can be received taken from the “Decree on the Granting of Indulgence during the Ordinary Jubilee Year 2025 called by His Holiness Pope Francis, 13.05.2024.”

During the Ordinary Jubilee of 2025, all other Indulgences previously granted remain in force. All the faithful, who are truly repentant and free from any affection for sin (cf. *Enchiridion Indulgentiarum*, IV ed., norm. 20, § 1), who are moved by a spirit of charity and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory in the following ways:

I. Pilgrimages

The faithful, pilgrims of hope, will be able to obtain the Jubilee Indulgence granted by the Holy Father if they undertake a pious pilgrimage to any sacred Jubilee Year site: by devoutly participating in Holy Mass; a celebration of the Word of God; the Liturgy of the Hours; the Via Crucis; the Marian Rosary; the recitation of the Akathist hymn; a penitential celebration which ends in individual confession of the penitents.

In Rome: by visiting at least one of the four Major Papal Basilicas

In the Holy Land: by visiting at least one of the three basilicas

In Other Ecclesiastical Areas: by visiting the Cathedral or other church or sacred place designated by the local Ordinary. In the Archdiocese of Newark these would include:

Essex County: Cathedral Basilica of the Sacred Heart, Newark

Bergen County: St. Pius X, Old Tappan

Hudson County: St. Joseph of the Palisades, West New York

Union County: St. Helen, Westfield

II. Pious Visits to Sacred Places

Likewise, the faithful can obtain the Jubilee Indulgence if, individually or in a group, they devoutly visit any Jubilee site and there, for a suitable period of time, engage in Eucharistic adoration and meditation, concluding with the Our Father, the Profession of Faith in any legitimate form, and invocations to Mary, the Mother of God.

For additional sacred places where the Jubilee Indulgence may be obtained, visit:

<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2024/05/13/240513f.html>

The Sick and the Confined

The faithful who are truly repentant of sin but who cannot participate in the various solemn celebrations, pilgrimages and pious visits for serious reasons (especially cloistered nuns and monks, but also the elderly, the sick, prisoners, and those who, through their work in hospitals or other care facilities, provide continuous service to the sick), can obtain the Jubilee Indulgence, under the same conditions if, united in spirit with the faithful taking part in person, they recite the Our Father, the Profession of Faith in any approved form, and other prayers in conformity with the objectives of the Holy Year, in their homes or wherever they are confined offering up their sufferings or the hardships of their lives.

III. Works of Mercy and Penance

Formation Activities: In addition, the faithful will be able to obtain the Jubilee Indulgence if, with a devout spirit, they participate in popular missions, spiritual exercises, or formation activities on the documents of the Second Vatican Council and the *Catechism of the Catholic Church*, held in a church or other suitable place, according to the mind of the Holy Father.

Obtaining Indulgences Twice in One Day: Despite the rule that only one plenary indulgence can be obtained per day, the faithful who have carried out an act of charity on behalf of the souls in Purgatory, if they receive Holy Communion a second time that day (this must take place within a Eucharistic celebration), can obtain the plenary indulgence twice on the same day, applicable only to the deceased.

Acts of Mercy: The Indulgence is also linked to certain works of mercy. The faithful are encouraged to carry out works of charity more frequently. They should rediscover these corporal works of mercy: to feed the hungry, give drink to the thirsty, clothe the naked, welcome the stranger, heal the sick, visit the imprisoned, and bury the dead and rediscover the spiritual works of mercy: to counsel the doubtful, instruct the ignorant, admonish sinners, comfort the afflicted, forgive offences, bear patiently those who do us ill, and pray for the living and the dead.

In this way, the faithful will be able to obtain the Jubilee Indulgence if they visit, for an appropriate amount of time, their brothers and sisters who are in need or in difficulty (the sick, prisoners, lonely elderly people, disabled people...) The faithful can repeat these visits throughout the Holy Year, even daily, acquiring a plenary indulgence each time.

Acts of Penance: The Indulgence is also linked to certain works of penance:

- abstaining at least for one day of the week from futile distractions (real or virtual)
- abstaining from superfluous consumption (for example by fasting)
- donating a proportionate sum of money to the poor;
- supporting works in support of the protection of life in all its phases,
- supporting the quality of life of abandoned children, young people in difficulty, the needy or lonely elderly people, or migrants from various countries
- dedicating a portion of time to voluntary activities that are of service to the community

Apostolic Blessing: All diocesan bishops and eparchs, on the occasion of the main celebration in the cathedral and in the individual jubilee churches, may impart the Papal Blessing with the attached plenary indulgence, obtainable by all the faithful who receive this Blessing under the usual conditions.

For more details on the Jubilee Year Indulgence visit:

<https://press.vatican.va/content/salastampa/en/bollettino/pubblico/2024/05/13/240513f.html>